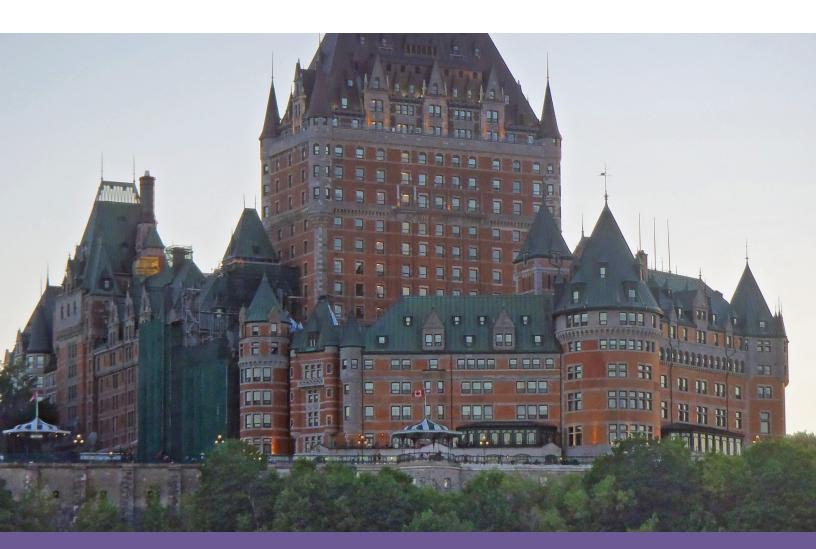


Cahier de préparation





Introduction

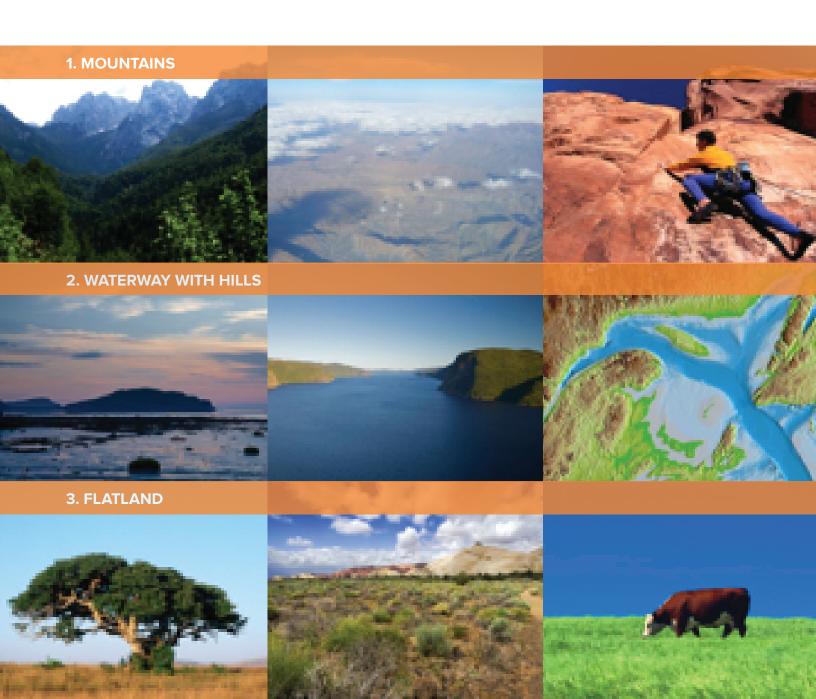
In this second unit, teachers and students will be taken through a cultural journey, taking a closer look at Quebec City's founding and how the area's geography was influential in determining the location of the first European settlement. Students will be asked to reflect on the geographical characteristics of the land, and evaluate its pros and cons as if they were 16th or 17th century explorers.

Both the French and the English settlers contributed in shaping Quebec City's urban landscape, as they sought to protect the city from the other. This continuing conflict between the two European powers helped create the region's rich military history. Students will familiarize themselves with different types of military constructions in New France. Through the various activities, they will use their mathematical skills, practice their French listening and writing skills and much more! Students will also be able to use a few pictures taken on the trip for the post-tour activity. And, to prepare for the bus ride to Quebec, we've included a rap song; make sure to check it out!

Establishing a new settlement, but where?

Imagine that you are a great explorer in the 16th or 17th century. The King of France, eager to compete with other great European nations for new land, has sent you to the New World to establish a colony. Thirsty for adventure, you set sail with your mates over the Atlantic Ocean...

Which of these three locations would you choose for your new settlement? Can you explain why?



Which of these three locations would you choose for your new settlement? Can you explain why?



Advantages	Disadvantages
1. MOUNTAINS	
2. WATERWAY WITH HILLS	
2. WAIERWAI WITH HILLS	
3. FLATLAND	

Jacques Cartier arrives in Stadaconé

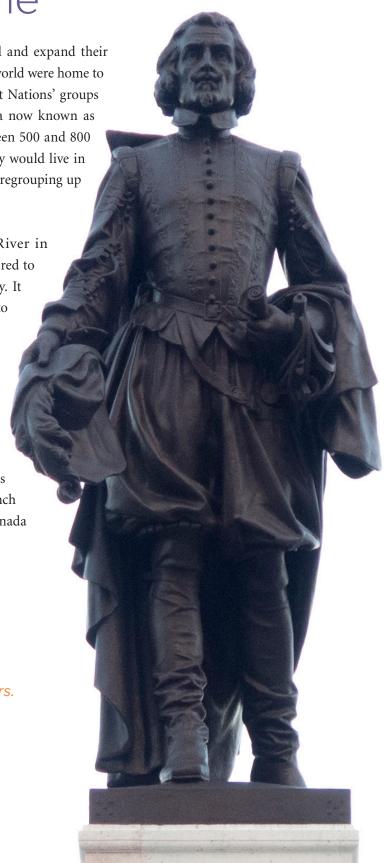
Before the European explorers set out to discover the world and expand their empires, territories in North America and other parts of the world were home to aboriginal communities. The Iroquois, one of the many First Nations' groups living on the territory, had a flourishing society in the area now known as Quebec City. Back then, it was called "Stadaconé" and between 500 and 800 inhabitants lived from hunting, fishing and agriculture. They would live in 25 to 30 meter-long houses that would host about 40 people, regrouping up to nine families.

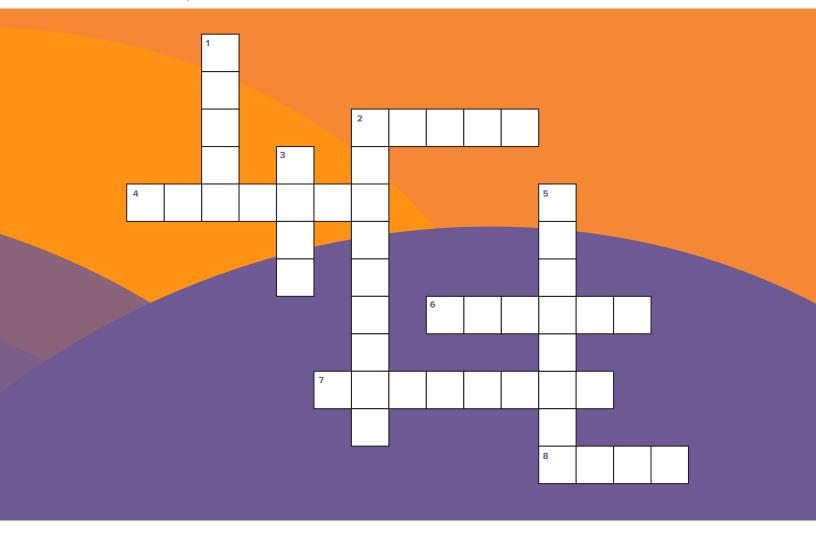
When Jacques Cartier stopped by the Saint-Charles River in September 1535 with 3 ships and 110 men, he was not prepared to face the harsh winter conditions and illnesses such as scurvy. It was when he returned, in 1541, that Jacques Cartier attempted to establish a first colony by the Cap-Rouge River, but illnesses and tense relations with the local First Nations forced him to go back to France in 1542.

That same year, Jean-François de La Roque de Roberval arrived with 200 men and women with the same ambition to establish a colony nearby, but he abandoned the plan and returned to France in 1543. After these two first failed attempts by Cartier and Roberval, the region was not visited by the French explorers until 1603, when Samuel de Champlain sailed to Canada for the first time.

Can you complete the crossword puzzle?

Tip! The answers are not necessarily in the text, so you may have to do research to find the answers.





ACROSS

- 2 Number of years between the first two failed attempts to establish a colony and Samuel de Champlain's first visit.
- **4** Jacques Cartier brought back quartz to France which he mistook for a precious stone.
- **6** Type of vegetable grown by First Nations.
- **7** The name of the First Nations living in Stadaconé before the arrival of the first European explorers
- **8** Type of cereal grown by First Nations

DOWN

- 1 Back in the 16th century, European explorers were in search of a new route to this country.
- **2** The First Nations living in Stadaconé were not nomadic.
- **3** Jacques Cartier brought back pyrite to France which he mistook for a precious metal.
- **5** Scurvy is an illness caused by a deficiency in ______.

Who was Samuel de Champlain?

Samuel de Champlain is often called the Father of New France. Navigator, geographer, cartographer and explorer, he is best known for having founded the City of Quebec in 1608. The following short video presents the key highlights of the explorer's life.

Take a look at Samuel de Champlain's story and take the quiz! www.biography.com/people/samuel-de-champlain-9243971

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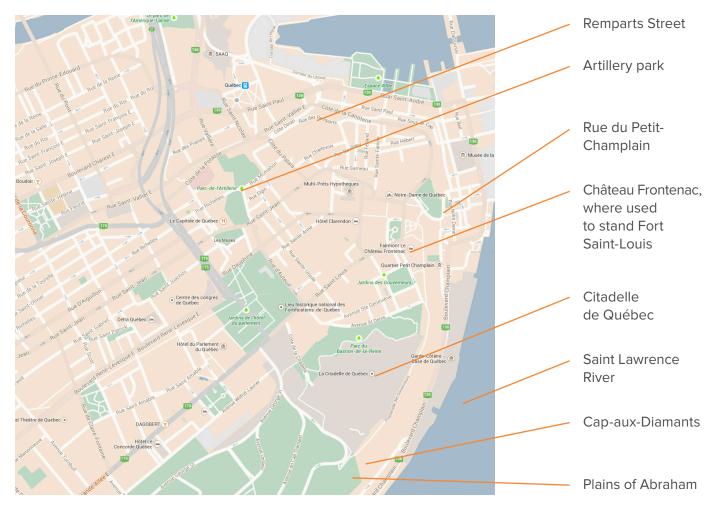
Les Remparts de Québec

Did you know that Quebec City is the only city north of Mexico to have preserved its fortifications? This unique feature has contributed to making Quebec City a UNESCO World Heritage Site. The walls were built as a defensive system between 1608 and 1871 and attest to the rich military history of the French and British colonies. Thanks to Lord Dufferin, who took a stand against the demolition of the fortifications between 1875 and 1880, the 4.6 kilometer-long historical construction is still here for us to enjoy.

Based on the clues provided to you on the right side of the map, can you draw the ramparts on the city map of Quebec City?

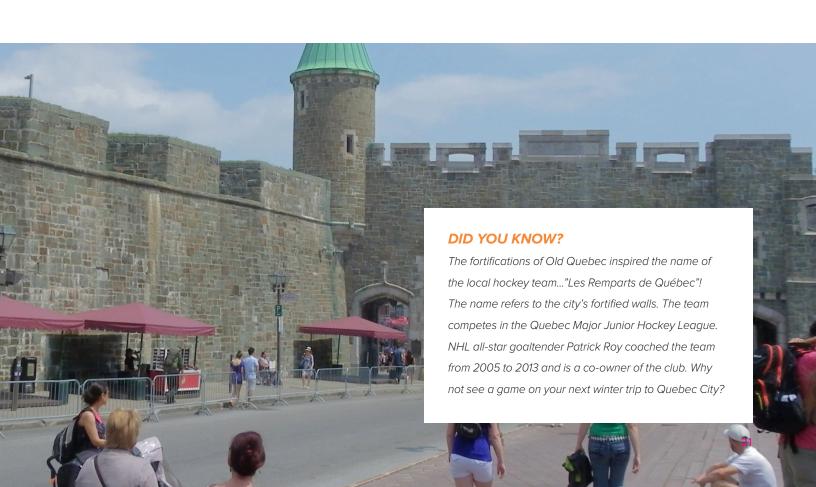


The iconic Dufferin Terrace next to the Chateau Frontenac owes its name to Lord Dufferin.
Find out more in "Embarking on an educational journey through toponymy"!



Test your knowledge!

Fill in the blanks to the best of your knowledge.



Dictée!

Test your listening and writing skills.

Listen to your teacher read the text out loud and write it in your notebook. Keep in mind the capital letters for proper nouns.		

The harsh life of a typical colonist

Life for the new people who would come to the colony would be difficult. Below is a song that pays tribute to one of those colonists, Marie Rollet.

Listen carefully and fill in the blanks.

MARIE ROLLET - Québec 1617

Alexandre Belliard

Marie Rollet 2X

Embarquée à Honfleur sur un géant		
avec Louis Hébert, avec vos trois enfants		
Tu as troqué pour la rude Amérique		
ses espaces infinis aux confins de l'Arctique		
Une famille s'enracine		
enfin en Tu es à l'origine de neuves espérances		
Et en bien des manières, tu fus partout		
Marie Rollet		
«Pionnière de nos pionnières» comme le disait		
Marie Rollet		
Avant de, ne serait-ce qu'une parcelle		
construire une cabane grande comme une		
défricher de tes mains la terre encore sauvage		
partout te rendre utile, le front toujours en nage		
et même après la mort de ton mari tu restes		
la mort qui frappe, Marie Rollet tu restes		
Le sol devenu anglais Marie Rollet tu restes		
ceest en toi, et c'est toi qui le fais		
tant à fouler ce sol, qu'à prodiguer des soins tant à faire l'		
qu'à t'occuper des tiens		
Et en bien des manières, tu fus partout		
Marie Rollet		
«Pionnière de nos pionnières» comme le disait		



DID YOU KNOW?

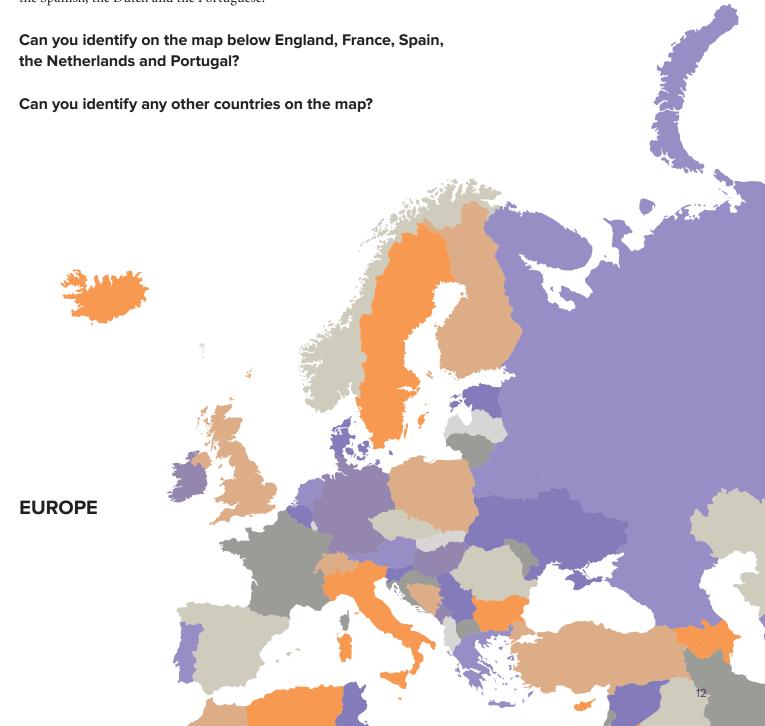
This song gives a good portrait of what life must have been for families settling in New France. Marie Rollet sailed with her husband and three children from Honfleur in France to Quebec City. New settlers were busy building houses, clearing the land, creating new roads, adapting to new climate and vegetation, establishing schools, churches, and healthcare centers. Marie Rollet both taught and provided medical care in the colony. She also remarried in 1631, two years after her first husband's passing. She died in 1649, leaving behind many grandchildren that took part in the creation of New France.

Do you know of any other colonists that lived in New France?

Can you find out more information about their life story?

17th Century Colonial Powers

Although France successfully established the first European settlement in Quebec City in 1608, the area remained a territory of high interest for the British Empire. Back in the 17th Century, many European nations were in a race to acquire new resources through colonization. Among them: the English, the Spanish, the Dutch and the Portuguese.



The Martello Towers

After multiple attempts to take over New France, notably in 1629 when the city was under English rule for 3 years, it was in 1763 that the colony's proprietorship was officially transferred from France to England, through the Treaty of Paris. Having conquered the land and its resources, the English rapidly set in place new military defences, among them: **The Martello Towers!**



The concept of the Martello Tower was initially tested by the English in Corsica. Impressed by its ability to protect the coast, many towers were built in England to protect the land from possible French invasions. In total, 17 Martello towers were built in Canada in the 18th Century, notably in Halifax, Quebec City, Kingston and Saint John.

In Quebec City, the construction of three of the four towers started in 1808 and was completed in 1810. The fourth tower was added in 1812. Interestingly, at the time, the towers were not built to protect against the French threat but against an American invasion. Each tower could host between 12 and 20 soldiers, expected to be on guard for a period of one month.

DID YOU KNOW?

The towers have thicker walls on the side facing the sea to protect the land from naval attacks. However, on the opposite side, the wall facing the city is much thinner. Can you guess why that is?

The walls facing the interior of the land were made thinner, so that if the tower would be taken by enemies, cannon balls could quickly destroy it and make future utilisation by the enemies impossible. It's all about strategy and defense!

Did you know that you can visit the inside of the tower?

The visit offers an awesome interactive activity in which you play the role of the British soldier and learn about life inside the tower. Ask to include this activity in your next tour.

Let's test your mathematical abilities!

- When on guard at the Martello tower, soldiers had to bring their own kitchenware. If 20 soldiers had to bring a plate, a cup, a spoon and a knife, how many objects were there in total?
- Q2 Let's imagine each soldier was provided with a wool blanket and a bag filled with straw to use as a mattress. If the regiment changed the wool blanket every month with the arrival of 20 new soldiers each month, how many blankets did they need each year?
- Q3 Each tower had a room assigned for safeguarding cannon powder. If the room could accommodate 150 barrels of 34 kg each, what was the maximum amount of cannon powder that could be kept in the tower in kilograms (kg) and in pounds (lbs)? *Note:* 1 kg = 2.2046 lbs.
- Q4 If the radius of the Martello tower is 6 meters, what is its circumference?
- Although the towers were built of stones, the roofs used to be made of cedar tree clapboard. In 1857 and 1862, fire destroyed the roofs of both towers 3 and 4. Using the circumference from question 4, can you determine how much water could be contained in the tower if there was a downpour? Note: The tower is a two-storey building and each level is 6 meters high.



Credit: http://www.historicplaces.ca/fr/rep-reg/image-image.aspx?id=7676#i1

Strengthening the city with the Citadelle de Québec



In 1775, the Americans attacked Quebec, in an attempt to expand their territory. The following year, 1776, marked the independence of the United States of America. In an attempt to annex parts of what is now Canada to its new country, the Americans entered into a war with the British colony that lasted from 1812 until 1814. Although relatively short, the war, won by the British, created upheaval and many lost their lives. In an effort to strengthen the military defence of Quebec City, Lieutenant-Colonel Elias Walker Durnford was given the responsibility to build the Citadelle on top of Cap-aux-Diamants, a strategic military location. The new structure was integrated into the existing fortifications and was inspired by French military defense architecture.

Back in the Medieval Times, between the 5th and the 15th Century, European fortresses were typically built with round towers. Overtime, military architects developed the star fortification structure that revealed to be easier to defend.

Can you explain why?

DID YOU KNOW?

To this day, the Citadelle de Québec is home to the Royal 22^e Régiment. It is the only French-speaking infantry regiment of the regular Canadian Forces.

As can be read on its website "The Royal 22° Régiment garrison means that the Citadelle is the only historic fort in North America still in military service." It is also possible to visit the Citadelle during your tour.

Find out more about this unique location at: http://www.lacitadelle.qc.ca/en/the-citadelle/ traditions.html

Snakes and Ladders, revisited version to test your knowledge!

Have fun with this unique snakes and ladders game! Before you start, you will need a dice and tokens. We recommend playing in teams of three to five students.

The rules are simple; begin your historical journey with your token on the "START" square. After throwing the dice, you will advance to an historical event, a true or false question or a quiz question. If you land on a true or false or a quiz question, you will have to answer correctly in order to stay on the square. If not, you will have to go back to the square where you came from. Historical events can help you go up with a ladder, but they might also get you to slide right back down with a snake.

Good luck!



Web activity: What will you see on tour?

The city of Quebec has developed a great application!

We recommend taking a look at one of the 40 short videos that showcase the city's cultural and historical heritage. It will be a great way to get accustomed to the French-speaking Quebecois accent. You might learn about the city's mayor (video 10), the New France festivities taking place in Old Quebec every summer (video 37) or see a computer rendering the Saint Lawrence River's evolution from 1713 up until today (video 40).

Here is the link, check it out!

http://youtu.be/NqOV1xBtt9Y?list=PLsMlW6U23M8k3DBp6LWieQp3KPUjOzLYA



HYMNE À QUÉBEC

Un air pur un air frais

Loco Locass YouTube link: http://youtu.be/heU7-U6lEuQ

Listen carefully to the following song and fill in the blanks!

Stadaconé Kabak Québec		Chez-nous l'hiver on l'embrasse à bras ouverts
Fortifiée depuis Frontenac		Amenez-en des flocons du frimas du «frette»: on n'est pas frileux
Assiégée détruite	au mortier mortifiée	Au hockey on se prend contre n'importe qui mais je t'avertis
Reconstruite incendiée		Ça barde le long des bandes à l'aréna Bardy
Quatre mois par année dans les glaces prise et protégée		Ici c'est ça s'entend depuis presque 100 ans
Pour l'historien ou le		Pour la prononciation tu le sais bien qu'on a raison
De pied en cap Québec est toute sauf plate		Comme Casseau on placote avec nos poteaux
Carnaval festival fête nationale		Pis on fait des clins d'œil quand on se fait prendre en photo
Hiver comme été les nuits sont malades	mentales	
La basse et la haute ville c'est la mort des		Québec : c'est le cœur du pays du
Pour mordre dans cette ville faut rester mobile		Québec: fier fief de la francophonie
30 escaliers déclinent ces deux réalités		Québec: capitale septentrionale bijou boréal
Du Cap-blanc aux Plaines jusqu'au faîte de la ville		Des trois
Au loin les Laurentides l'Île d'Orléans: panorama splendide		Québec : attitude authentique du
Depuis l'Astral leirrig	gue sa vallée en aval	Québec: latitude nordique de
Comme une carotide car	Québec: 400 ans sur le	
		Porte ouverte sur le continent
Québec : c'est le cœur du pays du		
Québec: fier fief de la francophonie		Québec: Je me souviens
Québec : capitale septentrionale bijou bo	oréal	Québec: capitale septentrionale bijou boréal
Des trois		Des trois
Québec : attitude authentique du		Québec: Ste-Foy Sillery La Cite Les Rivières Limoilou
Québec : latitude nordique de		Laurentien Haute St-Charlesbourg et Beauport
Québec: 400 ans sur le		Québec: 400 ans sur le
Porte ouverte sur le continent		Porte ouverte sur le continent
Depuis des lunes et des lunes on a pu pro	ospérer en paix	Québec: Je me souviens
Protégés par la plume et l'esprit de Wend	dake	Québec: Ste-Foy Sillery La Cite Les Rivières Limoilou
Et s'il faut un chiffre ou une date à		Laurentien Haute St-Charlesbourg et Beauport
Ça fait des milliers d'années que les Wend	ats sont arrivés. Kuei!	Québec
En ce lieu d'exception	et bastion	
De ses lèvres pleines le St-Laurent souffle	e son haleine	
Sur les Plaines on respire et ça paraît		DID YOU KNOW?

18

Founded in 1995, Loco Locass is a renowned Québécois hip hop group. They enjoy singing about political and cultural topics.

Post-tour Activity

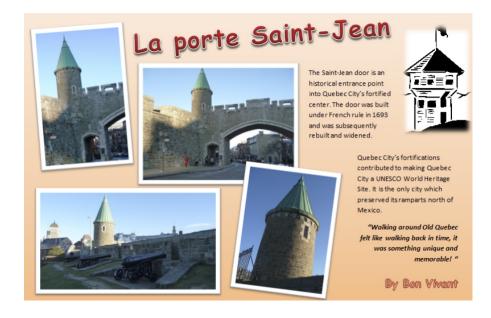
Did you see the cannons, the fortifications and the Martello towers while on tour? Now that you are back, we invite you to prepare a large poster using your tour photos, your drawing skills and your creativity to share your experience!

Here is what we suggest. First, do some research on one of the military highlights of Quebec City. For instance, it could be:

- La Citadelle de Québec
- Le Chateau Frontenac, where was initially built Fort Saint Louis
- One of the four Martello towers
- Artillery Park
- The cannon ball at the base of the tree on Saint Louis street
- Rue des Remparts

Next, write a small historical text about your chosen highlight. You can then select and print your best tour photos to showcase your subject. With these elements ready, you can now start designing your poster. Don't forget to add a title, a drawing and your signature!

Need a little inspiration? Here's an example to help you get started:



Bibliography

ACTIVITY 1

Origin of the word Quebec

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Cap-aux-Diamants

www.ville.quebec.qc.ca/toponymie/repertoire/fiche. aspx?IdFiche=377

Fort Saint Louis:

www.pc.gc.ca/fra/lhn-nhs/qc/saintlouisforts/natcul/natcul3.aspx

ACTIVITY 2

Jacque Cartier and Stadaconé

 $\frac{http://www.ville.quebec.qc.ca/touristes/connaitre/histoire/}{avant1608.aspx}$

ACTIVITY 3

Samuel de Champlain

 $\underline{http://www.biography.com/people/samuel-de-champlain-9243971}$

Crossing the Atlantic Ocean

http://education.nationalgeographic.com/education/activity/crossing-the-atlantic-then-and-now/?ar_a=1

ACTIVITY 4

Les Remparts de Québec

http://carte.ville.quebec.qc.ca/carteinteractive/

http://www.histoirecanada.ca/Magazine/Online-Extension/ Articles/Fortifications-de-Quebec

www.bonjourquebec.com/qc-fr/repertoire-attraits/musee-centredinterpretation-site-historique/lieu-historique-national-du-canadades-fortifications-de-quebec 1176778.html

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Cap-aux-Diamants

www.ccbn-nbc.gc.ca/fr/histoire-patrimoine/histoire-site/lieucharge-histoires/#fortifications1

Montreal, Louisbourg and Saint John fortifications

 $\underline{www.vieux.montreal.qc.ca/fortif/decouv.htm}$

www.fortressoflouisbourg.ca/

 $\underline{www.saintjohn.ca/fr/accueil/vivre/maps/historicalmaps/}\\ \underline{historiccoastlinefortifications.aspx}$

ACTIVITY 5

Historic District of Old Quebec

http://whc.unesco.org/en/list/300

Les Remparts de Québec hockey team

http://www.remparts.ca/

ACTIVITY 6

Arrondissement historique du Vieux-Québec

www.whc.unesco.org/en/list/300

ACTIVITY 7

Marie Rollet

www.legendesdunpeuple.com/

www.biographi.ca/fr/bio/rollet marie 1F.html

ACTIVITY 8

Colonialism

 $\frac{www.ieg-ego.eu/en/threads/backgrounds/colonialism-and-imperialism/benedikt-stuchtey-colonialism-and-imperialism-1450-1950$

ACTIVITY 9

Martello Towers

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www.historicplaces.ca/fr/rep-reg/place-lieu.aspx?id=7676

 $\underline{www.pc.gc.ca/fra/lhn-nhs/qc/fortifications/natcul/natcul1/d.aspx}$

ACTIVITY 10

Citadelle de Québec

www.lacitadelle.qc.ca/fr/

 $\underline{www.pc.gc.ca/fra/lhn-nhs/qc/fortifications/natcul/natcul1/e.aspx}$

ACTIVITY 11

Built using the content researched in the other activities.

ACTIVITY 12

Nouvelle application mobile «Découvrir Québec»

www.ville.quebec.qc.ca/culture patrimoine/patrimoine/decouvrir-quebec/

www.youtube.com/watch?v=NqOV1xBtt9Y&list=PLsMIW6U23M8 k3DBp6LWieQp3KPUjOzLYA&hd=1

ACTIVITY 13

Hymne à Québec - Loco Locass http://youtu.be/heU7-U6lEuQ

ACTIVITY 14

Built using the content researched in the other activities.

See you soon!

